

	HTTP Flash	PVRs	Networked PVRs	Peer-to-Peer	
				Push	Pull
Overheads	Minimal	Minimal	Minimal	Small	Small-Moderate
True VoD	Yes	No, but Offers Near-VoD	Yes	No	Yes
Pause	Yes	Yes	Yes	Yes	Yes
Seeking	Yes, with Seeking Hack	Yes, within Buffered Content	Yes	No	Yes
Fast-forward & Rewind	No	Yes	Yes, with limitation outside of buffer	No	No
User Costs	Internet Access	Set-top Box & Subscription		Internet Access	
Provider Costs	Large CDN / Server	Broadcast Infrastructure	Broadcast & Network Infrastructure	Small Seed Server	
Pros	Simple Protocol, Small Seek Latencies	Easy for users	Private network can be optimised for the VoD task	Cheap, Lots of Content	
Cons	Costly and Limited Interactivity	Limited VoD & Interactivity	Costly	Complex Protocols, Long Start-up and Seek Latencies	